

**DIRECT CATERING & CLEANING**  
**HUNGRY FOR SUCCESS MENU CYCLE SUMMER 2007**

<b>Week 1</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>H O T  M E A L S</b>	Fish Fingers Peas Baby Jacket Potatoes or Savoury Quorn Mince Peas Baby Jacket Potatoes  Chocolate Crispy & Custard or Melon & Grape Surprise	Yellow Split Pea Soup with Brown Bread or Seasonal Fruit  Vegetable Lasagne Broccoli Garlic Bread or Chicken Curry Broccoli Rice	Bolognaise, Sweetcorn Spaghetti or Quorn Sausage Casserole Sweetcorn Creamed Potatoes  Lemon Drizzle Cake & Custard or Jelly & Mandarins	Leek & Potato Soup with Garlic Bread or Seasonal Fruit  Roast Turkey & Gravy Carrots Low Fat Roast Potatoes or Macaroni Cheese Carrots Low Fat Roast Potatoes	Beef Casserole Cabbage Boiled Potatoes or Creamy Mushroom Stroganoff Cabbage Rice  Apple Cake & Custard or Fresh Fruit Salad

<b>BREAD</b>	White Bread	Brown Bread	White Roll	Garlic Bread	French Stick
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<b>P A C K E D  L U N C H E S</b>	Tuna Mayonnaise on Brown Bread or Cheese Salad on White Bread  Golden Light Crisps Chocolate Crispy Cake Seasonal Fruit Milk/Milkshake	Ham, Cheese & Tomato on a Brown Roll or Egg Mayonnaise on White Roll  Cheese Chuckle Raisin Flapjack Seasonal Fruit Orange Juice	Roast Beef on a White Roll or Cream Cheese & Cucumber on Brown Bread  Jelly & Mandarins Lemon Drizzle Cake Seasonal Fruit Milk/Milkshake	Salmon & Cucumber on Brown Bread or Egg Salad on White Bread  Fromage Frais Custard Cream Biscuit Seasonal Fruit Orange Juice	Turkey Salad on White Bread or Cheese & Coleslaw on Brown Roll  Fruit Yoghurt Apple Muffin Seasonal Fruit Milk/Milkshake
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**A portion of Bread is offered daily as an optional extra  
Chilled Water is offered with the Hot Meal option**

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<b>Week 2</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>H O T  M E A L S</b>	Cream of Carrot Soup with Brown Bread or Seasonal Fruit  Breaded Salmon Fillets Green Beans Baby Jacket Potatoes or Cheesy Vegetable Pasta Bake Green Beans Baby Jacket Potatoes	Pizza Sweetcorn Chips or Vegetable Curry Sweetcorn Rice  Carrot Cake & Custard or Crackers, Cheese Chuckle & Grapes	Lentil Soup with White Bread or Seasonal Fruit  Spicy Chicken Wrap Mixed Salad Low Fat Roast Potatoes or Quorn Burger on a Roll (Burger Relish Optional) Mixed Salad Low Fat Roast Potatoes	Italian Meatballs Peas Tagliatelle or Baked Potato, Beans & Cheese Side salad  Lumpy Bumpy Cake & Custard or Fresh Fruit Platter	Chicken & Vegetable Pie Carrots Creamed Potatoes or Quorn Rainbow Stir Fry Carrots, Rice  Banana Cake & Custard or Seasonal Fruit

<b>BREAD</b>	Brown Bread	Garlic Bread	White Bread	White Roll	Crusty Roll
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<b>P A C K E D  L U N C H E S</b>	Roast Beef Salad on Brown Bread or Cheese & Tomato on a White Roll  Fromage Fraiss Chocolate Chip Cookie Seasonal Fruit Orange Juice	Tuna Mayonnaise on White Bread or Salad & Coleslaw on Brown Bread  Snack Pack Raisins Carrot Cake Seasonal Fruit Milk/Milkshake	Ham on a Brown Roll or Cheese Slice & Cucumber on White Bread  Yoghurt Apple Turnover Seasonal Fruit Orange Juice	Turkey Salad on A White Roll or Egg Mayonnaise on a Brown Roll  Cheese Chuckle Peach Muffin Seasonal Fruit Milk/Milkshake	Chicken Roll on Brown Bread or Cheese Salad on White Bread  Jelly & Fruit Cocktail Banana Loaf Seasonal Fruit Milk/Milkshake
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<b>Week 3</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>H O T  M E A L S</b>	Savoury Mince Peas Baby Boiled Potatoes or Pizza Peas Potato Wedges  Fruit Yoghurt & Oat Cookie Or Pineapple & Kiwi Cocktail	Lentil Broth with Flat Bread or Seasonal Fruit  Chicken Stir Fry Broccoli Noodles or Macaroni Cheese Broccoli Low Fat Roast Potatoes	Oven Baked Sausages Baked Beans Creamed Potatoes or Baked Potato with Quorn Chilli Mince & Cheese  Caramel Flan & Custard or Fresh Fruit Platter	Cream of Carrot Soup with Garlic Bread or Seasonal Fruit  Breaded Haddock Sweetcorn Creamed Potatoes or Tagliatelle with Lentil Sauce, Sweetcorn	Pork Casserole Cabbage Baby Jacket Potatoes or Vegetable Wrap Mixed Salad Baby Jacket Potatoes  Yoghurt Sponge & Custard or An Apple & Grape Fruit Bag

<b>BREAD</b>	Brown Bread	Flat Bread	White Bread	Garlic Bread	Brown Roll
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<b>P A C K E D  L U N C H E S</b>	Turkey & Cucumber on White Bread or Savoury Cheese on a Brown Roll  Golden Light Crisps Oat Cookie Seasonal Fruit Milk/Milkshake	Ham Salad on Brown Bread or Sliced Egg & Cucumber on a White Roll  Raisin Snack Pack Chocolate Muffin Seasonal Fruit Orange Juice	Salmon Salad on a Brown Roll or Cheese Slice on Brown Bread  Jelly & Pineapple Caramel Biscuit Seasonal Fruit Milk/Milkshake	Chicken & Tomato on White Bread or Egg & Cress on White Bread  Fruit Yoghurt Sultana Scone Seasonal Fruit Orange Juice	Tuna & Sweetcorn on a White Roll or Cream Cheese & Tomato on a Brown Roll  Fromage Frais Yoghurt Loaf Seasonal Fruit Milk/Milkshake
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**A portion of Bread is offered daily as an optional extra  
Chilled Water is offered with the Hot Meal option**